



## What is Intravenous VITAMIN THERAPY?

IV therapy is the process of delivering vitamins, minerals and electrolytes directly into the bloodstream, quickly, safely, and efficiently, via an intravenous drip. Our drips are medically approved and administered by registered nurses. Whether your needs are preventative or reparative, IV therapy is the only process that ensures 100% of the nutrients are absorbed.

### benefits of iv nutrition therapy

- Reduce stress & anxiety
- Improve energy & mood
- Reduce fatigue
- Improve the appearance of skin, nails & hair
- Improve mental clarity & memory
- Improve sleep cycles
- Promotes healthier ageing
- Reduce pain & inflammation
- Strengthen the immune system
- Assists in weight loss
- Improves metabolic rate
- Reduce menopausal symptoms
- Improve gut health
- Sports performance & muscle recovery
- Rehydrate and detox
- Reduce hangovers & jetlag



060 592 8975   somersetwest@theivbar.co.za   www.theivbar.co.za

The IV Bar Somerset West: Shop No G08, Paardevlei Sentrum, Corner WR Quinan Boulevard & Gardner Williams Avenue, Somerset West, 7130.

# OUR IV DRIPS

## Jetfuel

Our all in one! Boost energy and mood, strengthen immunity, improve skin, better sleep, detox.

## Immune Boost

Boost your immune system with high dose Vitamin C.

## Energy Boost

Boost energy levels, mood and sleep and reduce stress and anxiety.

## Detox

Detoxify your body to reduce fatigue and kick start weight loss.

## Skin Radiance

Even skin tone, reduce pigmentation marks, improve fine lines & wrinkles, healthy glow high dose Vitamin C.

## Fertility

Helps you conceive by producing better quality eggs and sperm.

## Glutamine

Improve gut health and enhance muscle recovery.

## Menopause

Regulates hormones to reduce symptoms of menopause.

## Nano Energy

A nano boost of energy and reduction in stress and anxiety.

## Nano Immune

A nano boost to your immune system with Vitamin C.

## Nano Detox

A nano flush when you just need a quick detox.

## Sports Endurance & Recovery

Enhance sports performance and muscle recovery and reduce cramping.

## Weight Assist

Assists with your weight loss journey by converting energy stores to glycogen instead of fat.

## Anti-Inflam / Auto-Immune

Reduce inflammation and joint pain, improve circulation.

## Hangover / Jet Lag Recovery

Drip away hangover blues and Jet Lag the healthy way, and fast!

## Biotin

Grow and strengthen hair and nails and improve your skin.

## NAD+

Healthier ageing at a cellular level.

## Vitamin B12

A little pocket rocket to boost your energy and mood.

## Vitamin C

When you just need that added immune boost.

## Rehydration Drip

Rehydrate and replenish electrolytes, safe for pregnant/breastfeeding women.

**Register for our Loyalty Programme to receive cash back when you drip**

*Drips can be administered in 200ml and 1l saline (medical conditions apply)*

